

Zeitplan / Time table

Training auf der 400m Kunsteisbahn
training and competition on the 400m track

Änderungen vorbehalten / subject to change

| Tag | Datum | Anfang | Ende | Programm | Ice clean. time |
|-----|----------|--|--|--|-----------------|
| Do | 07.12.17 | 08:45 10:30 14:00 15:45 17:45 | 10:15 12:00 15:30 17:30 19:45 | Offenes Training ITG, National Team Offenes Training National Team DEC, Offenes Training | |
| Fr | 08.12.17 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:15 | Offenes Training ITG, National Team Offenes Training WK-Teilnehmer, DEC, Offenes Training | |
| Sa | 09.12.17 | 08:00 09:45 11:30 13:00 18:15 | 09:30 11:15 12:15 18:00 19:45 | Offenes Training ITG, NLSpindl, National Team WK-Teilnehmer, Intern. DJC+ÜBW, 500, 1000, 1500, 3000, 5000m, Staffel ITG, Offenes Training | |
| So | 10.12.17 | 07:30 09:00 15:00 | 08:15 14:30 16:30 | WK-Teilnehmer, Intern. DJC+ÜBW, 500, 1000, 3000, 5000, 10000m, TP ITG, NLSpindl, Offenes Training | |
| Mo | 11.12.17 | 08:45 10:30 14:00 15:45 17:45 | 10:15 12:00 15:30 17:30 19:15 | Schaatst, Offenes Training ITG, National Team Schaatst, Offenes Training National Team DEC, Offenes Training | |
| Di | 12.12.17 | 08:30 10:15 11:45 14:00 15:45 17:45 | 10:00 11:45 13:45 15:30 17:30 19:45 | Schaatst, NLSpindl, Offenes Training ITG, National Team Spezial TV Dreh Schaatst, Offenes Training ITG, National Team DEC, Offenes Training | |
| Mi | 13.12.17 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:15 | Schaatst, NLSpindl, Offenes Training ITG, National Team Schaatst, Offenes Training National Team DEC, Offenes Training | |
| Do | 14.12.17 | 08:00 14:00 15:45 17:45 | 12:30 15:30 17:30 19:45 | Eislauftag Siegsdorf Schaatst, NLSpindl, Offenes Training ITG, National Team DEC, Offenes Training | |
| Fr | 15.12.17 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:15 | Schaatst, NLSpindl, Offenes Training ITG, National Team Offenes Training National Team DEC, Offenes Training | |

Wir bitten um pünktliches Verlassen der 400m Bahn zur Eisbereitung!

Chiemgau Card auf der 400m Bahn nicht gültig!

Please leave the ice track during the ice polishing!

Chiemgau Card on the 400m rink not valid!

Vorläufiger Zeitplan / preliminary Time table

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|-----|----------|--|--|---|-----------------|
| Sa | 16.12.17 | 08:00 09:45 11:30 13:00 18:30 | 09:30 11:15 12:15 18:00 20:00 | OffenesTraining ITG,NationalTeam WK-Teilnehmer, InternationalRace,500+1000+3000+5000 ITG,OffenesTraining | |
| So | 17.12.17 | 08:00 09:30 12:30 14:00 | 08:45 12:00 14:00 16:00 | WK-Teilnehmer, InternationalRace,500+1500 ITG,OffenesTraining Publikumslauf | |
| Mo | 18.12.17 | 08:00 14:00 15:45 17:45 | 11:30 15:30 17:30 19:15 | Eislauftag Inzell OffenesTraining ITG,NationalTeam DEC,OffenesTraining | |
| Di | 19.12.17 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:45 | OffenesTraining ITG,NationalTeam OffenesTraining ITG,NationalTeam DEC,OffenesTraining | |
| Mi | 20.12.17 | 08:00 09:30 14:00 15:45 17:45 | 09:30 13:00 15:30 17:30 19:15 | ITG,OffenesTraining Bezirksfinale Schulen OffenesTraining NationalTeam DEC,OffenesTraining | |
| Do | 21.12.17 | 08:45 10:30 14:00 15:45 17:45 | 10:15 12:00 15:30 17:30 19:45 | OffenesTraining ITG,NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Fr | 22.12.17 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:15 | OffenesTraining ITG,NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Sa | 23.12.17 | 08:45 10:30 14:00 15:45 | 10:15 12:00 15:30 17:30 | NLMonkey,OffenesTraining ITG,NationalTeam OffenesTraining ITG,NationalTeam | |
| So | 24.12.17 | 08:45 10:30 | 10:15 12:00 | NLMonkey,OffenesTraining ITG,NationalTeam | |
| Mo | 25.12.17 | 08:30 10:15 14:00 15:30 | 10:00 12:00 15:15 17:00 | OffenesTraining NationalTeam DEC,OffenesTraining NationalTeam | |
| Di | 26.12.17 | 08:30 10:15 14:00 15:30 | 10:00 12:00 15:15 17:00 | NLMonkey,OffenesTraining NationalTeam DEC,OffenesTraining FIN,NationalTeam | |

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| Tag | Datum | Anfang | Ende | Programm | Ice clean. time |
|-----|----------|--|--|---|-----------------|
| Mi | 27.12.17 | 08:30 10:15 14:00 15:45 17:45 | 10:00 12:00 15:30 17:30 19:15 | NLMonkey,OffenesTraining FIN,NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Do | 28.12.17 | 08:30 10:15 14:00 15:45 17:45 | 10:00 12:00 15:30 17:30 19:45 | Schaatst,NLMonkey,OffenesTraining FIN,NationalTeam Schaatst,OffenesTraining NationalTeam DEC,OffenesTraining | |
| Fr | 29.12.17 | 08:30 10:15 13:45 15:30 17:00 | 10:00 12:00 15:15 16:15 21:00 | Schaatst,NLMonkey,OffenesTraining FIN,NationalTeam Schaatst,OffenesTraining WK-Teilnehmer InternationalRace,500+1000+3000+5000 | |
| Sa | 30.12.17 | 08:00 09:45 11:30 13:00 17:00 | 09:30 11:15 12:15 17:00 18:30 | Schaatst,NLMonkey,OffenesTraining FIN,NationalTeam WK-Teilnehmer InternationalRace,500+1500 OffenesTraining | |
| So | 31.12.17 | 08:30 10:15 14:00 | 10:00 12:00 16:00 | Schaatst,NL-NoordHol,OffenesTraining NationalTeam Publikumslauf | |

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| Tag | Datum | Anfang | Ende | Programm | Ice clean. time |
|-----|----------|--|--|--|-----------------|
| Mo | 01.01.18 | 08:45 10:30 14:00 15:45 | 10:15 12:00 15:30 17:15 | DEC,OffenesTraining NationalTeam NL-NoordHol,DEC,OffenesTraining NationalTeam | |
| Di | 02.01.18 | 08:30 10:15 14:00 15:45 17:45 | 10:00 12:00 15:30 17:30 19:45 | NL-NoordHol,DEC,OffenesTraining NationalTeam DEC,OffenesTraining NationalTeam OffenesTraining | |
| Mi | 03.01.18 | 08:30 10:15 14:00 15:45 17:45 | 10:00 12:00 15:30 17:30 19:15 | NL-NoordHol,DEC,OffenesTraining NationalTeam DEC,OffenesTraining NationalTeam OffenesTraining | |
| Do | 04.01.18 | 08:45 10:30 14:00 15:45 17:45 | 10:15 12:00 15:30 17:30 19:45 | NL-NoordHol,DEC,OffenesTraining NationalTeam DEC,OffenesTraining NationalTeam OffenesTraining | |
| Fr | 05.01.18 | 08:30 10:15 14:00 15:45 17:45 | 10:00 12:00 15:30 17:30 19:15 | NL-NoordHol,DEC,OffenesTraining NationalTeam DEC,OffenesTraining NationalTeam OffenesTraining | |
| Sa | 06.01.18 | 08:00 09:45 11:30 13:00 18:00 | 09:30 11:15 12:15 17:00 19:30 | NL-NoordHol,DEC,OffenesTraining NationalTeam WK-Teilnehmer FrillenseeCup,100-3000 OffenesTraining | |
| So | 07.01.18 | 08:00 09:45 12:30 14:00 | 09:30 11:30 14:00 16:00 | DEC,OffenesTraining NationalTeam OffenesTraining Publikumslauf | |
| Mo | 08.01.18 | 08:45 10:30 14:00 15:45 17:45 | 10:15 12:00 15:30 17:30 19:15 | OffenesTraining NL-IKO,NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Di | 09.01.18 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:45 | OffenesTraining NL-IKO,NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Mi | 10.01.18 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:15 | OffenesTraining NL-IKO,NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |

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| Tag | Datum | Anfang | Ende | Programm | Ice clean. time |
|-----|----------|--|--|---|-----------------|
| Do | 11.01.18 | 08:45 10:30 14:00 15:45 17:45 | 10:15 12:00 15:30 17:30 19:45 | OffenesTraining NL-IKO,NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Fr | 12.01.18 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:15 | OffenesTraining NL-IKO,NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Sa | 13.01.18 | 08:00 09:45 11:30 13:00 18:30 | 09:30 11:15 12:15 18:00 20:00 | OffenesTraining NationalTeam WK-Teilnehmer InternRace,500,1000,3000,5000 DEC,OffenesTraining | |
| So | 14.01.18 | 08:00 09:30 12:30 14:00 | 08:45 12:00 14:00 16:00 | WK-Teilnehmer InternRace,500,1500 DEC,OffenesTraining Publikumslauf | |
| Mo | 15.01.18 | 08:45 10:30 14:00 15:45 17:45 | 10:15 12:00 15:30 17:30 19:15 | OffenesTraining NL-IKO,NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Di | 16.01.18 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:45 | OffenesTraining NL-IKO,NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Mi | 17.01.18 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:15 | OffenesTraining NL-IKO,NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Do | 18.01.18 | 08:45 10:30 14:00 15:45 17:45 | 10:15 12:00 15:30 17:30 19:45 | OffenesTraining NL-IKO,NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Fr | 19.01.18 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:15 | OffenesTraining NL-IKO,NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |

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| Tag | Datum | Anfang | Ende | Programm | Ice clean. time |
|-----|----------|--|--|---|-----------------|
| Sa | 20.01.18 | 08:00 09:45 11:30 13:00 18:30 | 09:30 11:15 12:15 18:00 20:00 | OffenesTraining NationalTeam WK-Teilnehmer WK BM DEC,OffenesTraining | |
| So | 21.01.18 | 08:00 09:30 12:30 14:00 | 08:45 12:15 14:00 16:00 | WK-Teilnehmer WK BM DEC,OffenesTraining Publikumslauf | |
| Mo | 22.01.18 | 08:45 10:30 14:00 15:45 17:45 | 10:15 12:00 15:30 17:30 19:15 | OffenesTraining NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Di | 23.01.18 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:45 | OffenesTraining NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Mi | 24.01.18 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:15 | OffenesTraining NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Do | 25.01.18 | 08:45 10:30 14:00 15:45 17:45 | 10:15 12:00 15:30 17:30 19:45 | OffenesTraining NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Fr | 26.01.18 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:15 | OffenesTraining NationalTeam Schaatst,OffenesTraining NationalTeam DEC,OffenesTraining | |
| Sa | 27.01.18 | 08:00 09:45 11:30 13:00 18:30 | 09:30 11:15 12:15 18:00 20:00 | OffenesTraining NationalTeam WK-Teilnehmer MasterSprint,50+1000m DEC,OffenesTraining | |
| So | 28.01.18 | 08:00 09:30 12:30 14:00 | 08:45 12:00 14:00 16:00 | WK-Teilnehmer MasterSprint,50+1000m DEC,OffenesTraining Publikumslauf | |
| Mo | 29.01.18 | 08:45 10:30 14:00 15:45 17:45 | 10:15 12:00 15:30 17:30 19:15 | Schaatst,OffenesTraining NationalTeam Schaatst,OffenesTraining NationalTeam DEC,OffenesTraining | |

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| Tag | Datum | Anfang | Ende | Programm | Ice clean. time |
|-----|----------|--|--|---|-----------------|
| Di | 30.01.18 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:45 | Schaatst,OffenesTraining NationalTeam Schaatst,OffenesTraining NationalTeam DEC,OffenesTraining | |
| Mi | 31.01.18 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:15 | Schaatst,OffenesTraining NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Do | 01.02.18 | 08:45 10:30 14:00 15:45 17:45 | 10:15 12:00 15:30 17:30 19:45 | OffenesTraining NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Fr | 02.02.18 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:15 | OffenesTraining NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Sa | 03.02.18 | 08:00 09:45 11:30 13:00 18:30 | 09:30 11:15 12:15 18:00 20:00 | OffenesTraining NationalTeam WK-Teilnehmer FrillenseeCup,100-3000m DEC,OffenesTraining | |
| So | 04.02.18 | 08:00 09:45 12:30 14:00 | 09:30 11:30 14:00 16:00 | OffenesTraining NationalTeam DEC,OffenesTraining Publikumslauf | |
| Mo | 05.02.18 | 08:45 10:30 14:00 15:45 17:45 | 10:15 12:00 15:30 17:30 19:15 | OffenesTraining NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Di | 06.02.18 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:45 | OffenesTraining NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining(ab18:30 TrainingSchulen LF) | |
| Mi | 07.02.18 | 08:00 09:30 14:00 15:45 17:45 | 09:30 13:00 15:30 17:30 19:15 | OffenesTraining Landesfinale Schulen OffenesTraining National Teams DEC,OffenesTraining | |
| Do | 08.02.18 | 08:00 14:00 15:45 17:45 | 12:00 15:30 17:30 19:45 | Publikumslauf Schulen OffenesTraining WK Teilnehmer DEC,OffenesTraining | |

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| Tag | Datum | Anfang | Ende | Programm | Ice clean. time |
|-----|----------|--|--|--|-----------------|
| Fr | 09.02.18 | 08:00 10:15 13:45 15:30 17:00 | 10:00 12:00 15:15 16:15 20:00 | OffenesTraining WK Teilnehmer OffenesTraining WK Teilnehmer WK - DMJ,500+1500 | |
| Sa | 10.02.18 | 08:00 09:45 11:30 13:00 17:30 | 09:30 11:15 12:15 17:15 19:00 | OffenesTraining National Teams WK-Teilnehmer WK - DMJ,1000+3000+5000+TeamSprint DEC,OffenesTraining | |
| So | 11.02.18 | 08:30 10:00 12:30 14:00 | 09:15 12:00 14:00 16:00 | WK-Teilnehmer WK - DMJ,TeamPursuit+Massenstartlauf OffenesTraining Publikumslauf | |
| Mo | 12.02.18 | 08:45 10:30 14:00 15:45 17:45 | 10:15 12:00 15:30 17:30 19:15 | OffenesTraining NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Di | 13.02.18 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:45 | OffenesTraining NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Mi | 14.02.18 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:15 | OffenesTraining NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Do | 15.02.18 | 08:45 10:30 14:00 15:45 17:45 | 10:15 12:00 15:30 17:30 19:45 | OffenesTraining NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Fr | 16.02.18 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:15 | OffenesTraining NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Sa | 17.02.18 | 08:00 09:45 11:30 13:00 18:30 | 09:30 11:15 12:15 18:00 20:00 | OffenesTraining NationalTeam WK-Teilnehmer FrillenseeCup,100-3000m DEC,OffenesTraining | |
| So | 18.02.18 | 08:00 09:45 12:30 14:00 | 09:30 11:30 14:00 16:00 | OffenesTraining NationalTeam DEC,OffenesTraining Publikumslauf | |

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| Tag | Datum | Anfang | Ende | Programm | Ice clean. time |
|-----|----------|--|--|---|-----------------|
| Mo | 19.02.18 | 08:45 10:30 14:00 15:45 17:45 | 10:15 12:00 15:30 17:30 19:15 | OffenesTraining NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Di | 20.02.18 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:45 | OffenesTraining NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Mi | 21.02.18 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:15 | OffenesTraining NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Do | 22.02.18 | 08:45 10:30 14:00 15:45 17:45 | 10:15 12:00 15:30 17:30 19:45 | OffenesTraining NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Fr | 23.02.18 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:15 | OffenesTraining NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Sa | 24.02.18 | 08:00 09:45 11:30 13:00 18:30 | 09:30 11:15 12:15 18:00 20:00 | OffenesTraining NationalTeam WK-Teilnehmer FrillenseeCup,100-3000m DEC,OffenesTraining | |
| So | 25.02.18 | 08:00 09:30 12:30 14:00 | 08:45 12:00 14:00 16:00 | WK-Teilnehmer WK Regio Cup DEC,OffenesTraining Publikumslauf | |
| Mo | 26.02.18 | 08:45 10:30 14:00 15:45 17:45 | 10:15 12:00 15:30 17:30 19:15 | OffenesTraining NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Di | 27.02.18 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:45 | OffenesTraining NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |

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|----|----------|--|--|---|--|
| Mi | 28.02.18 | 08:30 10:15 14:00 15:45 17:45 | 10:00 11:45 15:30 17:30 19:15 | OffenesTraining NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Do | 01.03.18 | 08:45 10:30 14:00 15:45 17:45 | 10:15 12:00 15:30 17:30 19:45 | OffenesTraining NationalTeam OffenesTraining NationalTeam DEC,OffenesTraining | |
| Fr | 02.03.18 | 08:30 10:15 14:00 16:00 18:00 | 10:00 11:45 15:45 17:15 21:00 | NationalTeam OffenesTraining OffenesTraining WK-Teilnehmer InternRace,500+1000 | |
| Sa | 03.03.18 | 08:00 09:45 11:30 13:00 18:30 | 09:30 11:15 12:15 18:00 20:00 | NationalTeam OffenesTraining WK-Teilnehmer InternRace,500+3000+5000m DEC,OffenesTraining | |
| So | 04.03.18 | 08:00 09:30 12:30 14:00 | 08:45 12:00 14:00 16:00 | WK-Teilnehmer InternRace,1500m DEC,OffenesTraining Publikumslauf | |

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