Zeitplan / Time table

Training auf der 400m Kunsteisbahn / Training and competition on the 400m track

Änderungen vorbehalten / subject to change

Tag	Datum	Gpr	Anfang	Ende	Programm	IceClean time
Mi	25.11.26		08:30 10:15 13:30 15:15 17:15 **19:30**	10:00 12:00 15:00 17:00 19:15 **21:30**	OffenesTraining DESG,GSSP,ESP-Jun,NOR,NL-Noo-Holl, NL-Monique,OffenesTraining DEC-Nat,Ka-Li, BEV, DEC,OffenesTraining **Publikumslauf (nur Hockey- /Kunstlaufschlittschuhe!)**	
Do	26.11.26		08:30 10:15 13:30 15:15 17:15	10:00 12:00 15:00 17:00 19:15	NL-Monique,OffenesTraining DESG,Ka-Li,ESP-Jun,POR,KAZ,NL-Noo-Holl, NL-Monique,OffenesTraining DEC-Nat,Ka-Li, BEV, DEC,OffenesTraining	11:00
Fr	27.11.26		08:30 10:15 13:30 15:15 17:15	10:00 12:00 15:00 17:00 19:15	NL-Monique,OffenesTraining DESG,ESP-Jun,POR,KAZ,NOR,NL-Noo-Holl, OffenesTraining DEC-Nat,GSSP,Ka-Li, BEV, DEC,OffenesTraining	
Sa	28.11.26		08:30 10:15 13:30 15:15 17:15	10:00 12:00 15:00 17:00 19:15	OffenesTraining DESG,GSSP,Ka-Li,ESP-Jun,POR,KAZ,NOR,NL-Noo-Holl, OffenesTraining DEC-Nat, BEV, DEC,OffenesTraining	11:00
So	29.11.26		08:30 10:15 **13:30**	10:00 12:00 **15:30**	OffenesTraining KAZ, **Publikumslauf (nur Hockey- /Kunstlaufschlittschuhe!)**	
Mo	30.11.26		08:30 10:15 13:30 15:15 17:15	10:00 12:00 15:00 17:00 19:15	CAN-Masters,OffenesTraining DESG,ESP-Jun,NL-Noo-Holl, CAN-Masters,NL-Alk,NL-Haar,OffenesTraining Ka-Li, CAN-Masters,BEV, DEC,OffenesTraining	
Di	01.12.26		08:30 10:15 13:30 15:15 17:15	10:00 12:00 15:00 17:00 19:15	CAN-Masters,NL-Alk,NL-Haar,OffenesTraining DESG,Ka-Li,ESP-Jun,POR,NOR, CAN-Masters,NL-Alk,NL-Haar,OffenesTraining DEC-Nat,Ka-Li,GSSP,NL-Noo-Holl, CAN-Masters,BEV, DEC,OffenesTraining	
Mi	02.12.26		**08:45** 13:30 15:15 17:15 **19:30**	**12:00** 15:00 17:00 19:15 **21:30**	**Eislauftag GS Siegsdorf** CAN-Masters,NL-Alk,NL-Haar,OffenesTraining DEC-Nat,Ka-Li,GSSP,NL-Noo-Holl,NOR, CAN-Masters,BEV, DEC,OffenesTraining **Publikumslauf (nur Hockey- /Kunstlaufschlittschuhe!)**	

Nur angemeldete Teams + Sportler, außer beim Offenen Training / Registered teams + athletes only, except at open training

Wir bitten um pünktliches Verlassen der 400m-Bahn zur Eisbereitung / Please leave the ice track during the ice polishing!

Chiemgau Card auf der 400m Bahn nicht gültig! / Chiemgau Card not valid on the 400m track!

Update 25.11.2026 - 14:14



Vorläufiger Zeitplan / Preliminary Time table

Training auf der 400m Kunsteisbahn / Training and competition on the 400m track

Änderungen vorbehalten / subject to change

Tag	Datum	Gpr	Anfang	Ende	Programm	IceClean time
Do	03.12.26		08:30 10:15 13:30 15:15 17:15	10:00 12:00 15:00 17:00 19:15	CAN-Masters,OffenesTraining DESG,Ka-Li,ESP-Jun,NOR, CAN-Masters,OffenesTraining DEC-Nat,Ka-Li, CAN-Masters,BEV, DEC,OffenesTraining	
Fr	04.12.26		08:30 10:15 13:30 15:15 17:15	10:00 12:00 15:00 17:00 19:15	DESG,CAN-Masters,NL-Noo-Holl,NL-Alk,NL-Haar,OffenesTraining ESP-Jun, CAN-Masters,NL-Alk,NL-Haar,OffenesTraining DEC-Nat,Ka-Li,GSSP,NL-Noo-Holl, CAN-Masters,BEV, DEC,OffenesTraining	
Sa	05.12.26		08:30 10:15 12:45 **15:00**	10:00 12:00 14:15 **19:00**	NL-Alk,NL-Haar,OffenesTraining DESG,Ka-Li,ESP-Jun,GSSP,NL-Noo-Holl, OffenesTraining **Frillensee Cup 100 - 3000m, TS**	
So	06.12.26		08:30 10:15 **13:30**	10:00 12:00 **15:30**	OffenesTraining NOR, **Publikumslauf (nur Hockey- /Kunstlaufschlittschuhe!)**	
Mo	07.12.26		08:30 10:15 13:30 15:15 17:15	10:00 12:00 15:00 17:00 19:15	POR-Jun,ROU-ital,OffenesTraining DESG,ESP-Jun, NL-Monique,OffenesTraining Ka-Li, ROU-ital,BEV, DEC,OffenesTraining	
Di	08.12.26		08:30 10:15 13:30 15:15 17:15	10:00 12:00 15:00 17:00 19:15	NL-Monique,POR-Jun,ROU-ital,OffenesTraining DESG,Ka-Li,ESP-Jun, NL-Monique,OffenesTraining DEC-Nat,Ka-Li,GSSP, ROU-ital,BEV, DEC,OffenesTraining	
Mi	09.12.26		**08:45** 13:30 15:15 17:15 **19:30**	**13:00** 15:00 17:00 19:15 **21:30**	**Bezirksfinale** NL-Monique,OffenesTraining DEC-Nat,GSSP,Ka-Li, ROU-ital,BEV, DEC,OffenesTraining **Publikumslauf (nur Hockey- /Kunstlaufschlittschuhe!)**	
Do	10.12.26		07:30 09:15 11:15 13:30 15:15 17:30	09:00 11:00 13:00 15:00 17:15 19:15	Ka-Li,ESP-Jun,POR-Jun,NL-Monique,ROU-ital,OffenesTraining **Teilnehmer D-Cup** NL-Monique,OffenesTraining **Teilnehmer D-Cup** ROU-ital,BEV, DEC,OffenesTraining	



Fr	11.12.26		07:30 09:15 11:15 13:15 14:30 **16:00**	09:00 11:00 13:00 14:15 15:15 **20:30**	ESP-Jun,POR-Jun,NL-Monique,ROU-ital,OffenesTraining **Teilnehmer D-Cup** ROU-ital,OffenesTraining warm up **2. Deutschland-Cup (500 + 1500m)**	
Sa	12.12.26		07:30 09:15 **11:00** 17:45	09:00 10:15 **17:30** 19:15	ESP-Jun,POR-Jun,ROU-ital,OffenesTraining warm up **2. Deutschland-Cup (500 + 1000m + 3000m + 5000m)** ISU-Dev,ROU-ital,BEV, DEC,OffenesTraining	
So	13.12.26		07:00 **09:00** **13:30** 17:00	08:15 **13:00** **15:30** 18:30	warm up **2. Deutschland-Cup (5000 + 10000m, mass start, team sprint, MR)** **Publikumslauf (nur Hockey- /Kunstlaufschlittschuhe!)** **ISU-Dev,ROU-ital,OffenesTraining**	
Mo	14.12.26		08:00 10:15 13:30 15:15 17:15	10:00 12:00 15:00 17:00 19:15	ISU-Dev,ROU-ital,OffenesTraining ESP-Jun, ISU-Dev,OffenesTraining Ka-Li, ROU-ital,BEV, DEC,OffenesTraining	
Di	15.12.26		08:30 10:15 13:30 15:15 17:15	10:00 12:00 15:00 17:00 19:15	ISU-Dev,ROU-ital,OffenesTraining DESG,GSSP,Ka-Li,ESP-Jun,POR-Jun, OffenesTraining DEC-Nat,Ka-Li, ROU-ital,BEV, DEC,OffenesTraining	
Mi	16.12.26		08:30 10:15 13:30 15:15 17:15 **19:30**	10:00 12:00 15:00 17:00 19:15 **21:30**	ISU-Dev,ROU-ital,OffenesTraining DESG,GSSP,NL-BST, ISU-Dev,OffenesTraining DEC-Nat,Ka-Li, ROU-ital,BEV, DEC,OffenesTraining **Publikumslauf (nur Hockey- /Kunstlaufschlittschuhe!)**	
Do	17.12.26		08:30 10:15 13:30 15:15 17:15	10:00 12:00 15:00 17:00 19:15	ISU-Dev,ROU-ital,OffenesTraining Ka-Li,ESP-Jun,POR-Jun,NL-BST, ISU-Dev,OffenesTraining DEC-Nat,Ka-Li, ROU-ital,BEV, DEC,OffenesTraining	
Fr	18.12.26		08:30 10:15 13:30 15:15 **17:00**	10:00 12:00 15:00 16:15 **21:00**	DESG,ISU-Dev,ROU-ital,OffenesTraining ESP-Jun,POR-Jun,NL-BST, ISU-Dev,ROU-ital,OffenesTraining Warm-up **Intern. National Championships (500, 1000m)**	



Sa	19.12.26		08:00 09:45 **12:00** 17:15	09:30 11:30 **17:00** 19:15	ISU-Dev,ROU-ital,OffenesTraining GSSP,Ka-Li,ESP-Jun,POR-Jun,NL-BST, **Intern. National Championships (500, 1000, 3000, 5000m)** ROU-ital,NL-Eem,BEV, DEC,OffenesTraining	
So	20.12.26		08:00 **09:00** 12:00 **13:30**	08:45 **11:30** 13:30 **15:30**	ROU-ital,OffenesTraining **Intern. National Championships (500, 1500m, mass start)** NL-Twente,ROU-ital,DEC,OffenesTraining **Publikumslauf (nur Hockey- /Kunstlaufschlittschuhe!)**	
Mo	21.12.26		08:30 10:15 13:30 15:15 17:15	10:00 12:00 15:00 17:00 19:15	NL-Twente,NL-Eem,OffenesTraining ESP-Jun,NL-BST, OffenesTraining Ka-Li, NL-Twente,NL-Eem,BEV, DEC,OffenesTraining	
Di	22.12.26		08:30 10:15 13:30 15:15 17:15	10:00 12:00 15:00 17:00 19:15	NL-Twente,NL-Eem,OffenesTraining GSSP,Ka-Li,ESP-Jun,NL-BST, OffenesTraining DEC-Nat,Ka-Li, NL-Twente,NL-Eem,BEV, DEC,OffenesTraining	
Mi	23.12.26		08:30 10:15 13:30 15:15 17:15 **19:30**	10:00 12:00 15:00 17:00 19:15 **21:30**	NL-Twente,NL-Eem,OffenesTraining GSSP, NL-Eem,OffenesTraining DEC-Nat,Ka-Li, NL-Twente,BEV, DEC,OffenesTraining **Publikumslauf (nur Hockey- /Kunstlaufschlittschuhe!)**	